



The Eye Center of Fort Wayne

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THIS SHEET IS VERY IMPORTANT!! READ IT FOR YOUR PRE-OPERATIVE AND POST-OPERATIVE CARE INFORMATION

PRE-OPERATIVE CARE:

1. THREE DAYS BEFORE YOUR SURGERY, START USING THE DROP YOU WERE INSTRUCTED TO USE IN YOUR EYE

POST-OPERATIVE CARE:

1. ALWAYS KEEP YOUR EYE PROTECTED, WITH EITHER GLASSES OR A SHIELD IN THE DAY AND WEAR YOUR SHIELD AT BEDTIME FOR THREE WEEKS.
2. YOU MAY GENTLY REMOVE SECRETION WITH A CLEAN, DAMP WASHCLOTH. BUT, DO NOT RUB OR APPLY ANY PRESSURE TO THE EYE!
3. YOUR POST-OPERATIVE EYE MEDICATION WILL BE DISPENSED AT YOUR PRE-OPERATIVE EXAM. PLEASE CONTINUE THE DROPS AS INSTRUCTED UNLESS SPECIFICALLY ORDERED BY YOUR DOCTOR.



TAKE MEDICATIONS AS DIRECTED BY APPLYING INSIDE YOUR LOWER EYELID WITHOUT TOUCHING YOUR EYE.

PULL THE LOWER EYELID DOWN BY PLACING A FINGER ON THE CHEEK BONE (DO NOT GO ANY HIGHER ON THE EYELID).

4. **BRING ALL EYE MEDICATIONS WITH YOU TO THE OFFICE ON ALL RETURN VISITS.**
5. YOU SHOULD CALL THE OFFICE IF ANY SERIOUS PROBLEMS ARISE BEFORE YOUR NEXT APPOINTMENT. AFTER SURGERY, YOU MAY HAVE DOUBLE VISION FOR 2-3 DAYS AND YOUR EYE MAY BE RED AND SCRATCHY FOR 2-3 WEEKS.
6. WE HAVE ONLY A FEW SIMPLE RESTRICTIONS: DO NOT HIT YOUR EYE. DO NOT SWIM FOR 3 WEEKS. KEEP YOUR EYE PROTECTED FOR 3 WEEKS. OTHERWISE YOU MAY RESUME YOUR NORMAL ACTIVITIES THE DAY AFTER YOUR SURGERY.
7. REMEMBER – THE MOST IMPORTANT ASPECT OF YOUR POST-OPERATIVE CARE IS TAKING YOUR MEDICATION AS DIRECTED AND NOT BUMPING OR RUBBING YOUR EYE.
8. IT MAY TAKE UP TO 3 MONTHS AFTER SURGERY TO REACH YOUR BEST POTENTIAL VISION. YOU MAY BE ABLE TO GET YOUR FINAL POST-OPERATIVE GLASSES AT THAT TIME OR SOONER IF YOUR DOCTOR RECOMMENDS IT. UNTIL THAT TIME, YOU MAY NOTICE POOR READING ABILITY AND/OR DISTORTED VISION.