



The Eye Center of Fort Wayne

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Preparation For Surgery (see preoperative handout).

1. Discontinue contact lenses 2-4 weeks prior to surgery, or until your cornea (the surface of your eye) remains stable, or as instructed.
2. Use the lid scrubs the night before surgery and the morning of surgery.
3. **If you do not have a driver the day of the surgery, the procedure will not be performed.**
4. Please eat a light breakfast the day of the surgery and drink plenty of water prior to the procedure.
5. Refrain from using eye makeup for three (3) days prior to eye surgery.
6. Bring your consent form with you on the day of the procedure. We must witness your signature. You must read and get answers to all questions before signing.
7. Wear comfortable clothes and please leave your valuables at home.
8. Shower or bathe and wash your hair the morning of surgery.
9. Do **NOT** wear any cologne/perfume, heavily scented lotions or after-shave it could interfere with the optics on the laser.
10. Do not swim or soak in a hot tub within twenty-four (24) hours of surgery.

On the Day of Your Surgery:

1. Eat a light breakfast.
2. Take prescription medication as normal.
3. Be ready to focus on the light.

After Surgery You Should:

1. **Do not rub your eyes.**
2. Rest your eye(s) by napping at home.
3. Avoid reading for at least twenty-four (24) hours.
4. Use protective eyewear for work or sporting activities.
5. Wear your sunglasses for the first twenty-four (24) hours.

The First Week after Surgery (see post operative handout).

1. Avoid eye makeup for three to seven days.
2. Protect eye(s) from contaminated water (i.e. hot tubs or swimming pools).
3. Avoid rubbing the eye(s).
4. Gently pat or wipe around eye as needed.
5. Use drops as instructed (see attached sheet).
6. When instilling drops, wash your hands, shake bottles before use and wait five (5) minutes in between drops.
7. Use eye shield while sleeping.

You May Experience:

1. Dull headache, scratchy sensation, tearing, and sensitivity to light.
2. Regression in your vision, this should stabilize in 3-4 weeks.
3. Visual disturbances from lights at night as the eye(s) heal(s).
4. Use a warm compress to soothe the eye(s) if irritated.

CALL IF YOU HAVE QUESTIONS (260) 424-5656