



The Eye Center of Fort Wayne

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ASA Post-Operative Medication Instructions

1. Take Prednisone 60 mg (all pills) by mouth at breakfast the day after surgery.
2. Start Medrol Dosepak two days after surgery (if surgery is on Wednesday, then start Friday).
3. Use artificial tears five minutes before using medicated drops.
4. Place one drop of Zymar in operated eye(s) four times daily, until gone.
5. Place one drop of Pred Forte in operated eye(s) every hour for the first 3 days, then four times a day plus bedtime (5 times a day) until gone.
6. Place one drop of Acuvail in operated eye(s) two times daily until gone.
7. Place one drop of the comfort solution in operated eye(s) up to four times a day for pain (**only if needed**).
8. You may take (600 mg) Ibuprofen and 1000mg of Acetaminophen (Tylenol) every four to six hours as needed for pain. You may want to take this with an antacid. If that does not help, you may get the RX for Vicoprofen filled.
9. Continue to take Vitamin C (1000 mg daily) for three months.
10. Continue to take Flax Seed Oil pills (2000 mg daily) until gone.